

# UpDog Presents ... Candlelight Partner Yoga Rekindle the Valentine's Glow!

Friday, February 10, 2012



Kick your Valentine's Day off on the right foot!  
Bring a Partner!  
Come Alone!  
Have a Blast!

UpDog is pleased to announce a special night of yoga and celebration, hosted by Diana, Duane and the entire UpDog Team! Two separate, but related, events are planned:

## Candlelight Partner Yoga

7:15pm-8:45pm

Hosted by Diana & Duane

Fun, flowing class suitable for students of ALL skill levels!

Cost: \$30 per person; \$50 per couple.

## Gourmet After Glow

8:00pm-10:00pm

Hosted by UpDog, the Downtown Wellness Union and Rochester Play! Mingle with your favorite UpDoggers ... meet the newest DWU Practitioners ... take a tour of the Wellness Union ... and sample some hors d'oeuvres and wine!

Cost: \$15 per person; \$25 per couple

Sign up for Both ... and Save!

The Perfect Date Night!

Only \$35 per person; \$60 per couple!!

