



# UPDOG YOGA, INC. TEACHER TRANSFORMATION TRAINING STUDENT APPLICATION

To reserve your space for the Fall 2010 UpDog Teacher Transformation Training Program, please complete all the information required below and send a \$200 non-refundable deposit\* to:

**UpDog Yoga, Inc.**  
**210 W. University, Suite #7**  
**Rochester, MI 48307**

Payment plans are available; for more information, contact [duane@updogyoga.com](mailto:duane@updogyoga.com).

*\*All tuition and fees paid by the applicant shall be refunded if the applicant is rejected by the school before enrollment. An applicant fee of not more than \$25.00 may be retained by the school if the applicant is denied. All tuition and fees paid by the applicant shall be refunded if requested within three business days after signing a contract with the school. All refunds shall be returned within 30 days.*

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Name

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Address

City

State Zip

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Cell Phone

Other Phone

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Email

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Years Practicing Yoga

Type(s) of Yoga Practiced

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Studio(s) Where You Practice

Are you interested in learning about our work-study and scholarship programs?

Y      N

Please use the back of this application to provide additional information about your desire and intention of becoming a yoga teacher. Please answer each question as fully as possible; use additional sheets of paper, if desired. All answers will be kept in strict confidence.

# UPDOG YOGA, INC.

## TEACHER TRANSFORMATION TRAINING

### STUDENT APPLICATION

Why do you want to become a yoga teacher?

What do you want to accomplish with this teacher training?

Do your friends and family support you in this training?

Do you have any medical issues or limitations?

What specific styles of teaching are you most interested in (Ashtanga, Vinyasa, Yin, etc.)?

Have you participated in other Teacher Training programs? If so, which ones?

If you were stranded on a desert island, which book, movie and album would you take (assuming you had something to play them on!)

Book:

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Movie:

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Album/CD:

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You are driving by a building, and you see your best friend (who once saved your life), a dying old man (who needs to get to the hospital right away) and the man (or woman) of your dreams. Your car can only accommodate one other person. What would you choose to do?

Other considerations, thoughts, etc. you wish us to consider?