



# UpDog Yoga 2011 Holiday Schedule

(Effective 12/14/11)

## Christmas Eve

Saturday, December 24<sup>th</sup>, 2011

Vinyasa with Lynne 9:00-10:30am

Basic with Lynne 10:45a-12:00pm

RestoraYin with Peggy 4:00pm-5:30pm

All other classes cancelled

## Christmas Day

Sunday, December 25<sup>th</sup>, 2011

Vinyasa with Natalie & Baba G 4:00-5:30pm

## New Year's Eve

Saturday, December 31<sup>st</sup>, 2011

Vinyasa with Lynne 9:00-10:30am

Basic with Lynne 10:45a-12:00pm

All other classes cancelled

## New Year's Day

Sunday, January 1<sup>st</sup>, 2012

All classes cancelled

(NOTE: Students are welcome to join us @ The Capuchin Center on 1/1/12 to attend classes there (recommended donation: \$10); please check online for a full agenda for the retreat!)

