

200 hour

T³ Student Enrollment Application

MODULES (check all your selections)

- Module 1: Foundations of Teaching
- Module 2: Buddha Camp with Michael Johnson
- Module 3: Yin and Vinyasa with Lynne Baum
- Module 4: Alignment & Adjustment with Linda Kay
- Module 5: UpNorth with UpDog
- 200-hour T3 (All Five Modules + 2-months Unlimited @ UDY and WLY).

PRICING:

Sign up for any one Module	...	\$450 (\$405 before July 12, 2010)
Sign up for any 2-4 Modules	...	\$405 each (\$360 each before July 12, 2010)
Sign up for all Five Modules*	...	\$1,900 (\$1,500 before July 12, 2010)

*Five-module price includes Yoga Alliance 200-hour certification upon successful completion.
Also includes two months unlimited yoga at UpDog (Rochester) and White Lotus (Romeo).

Cost Calculation:

Number of Modules You Are Signing Up For: _____
Cost per Module (based on pricing shown above): \$ _____
Total (Number times Cost) \$ _____

Make Check or Money Order payable to **UpDog Yoga, Rochester, MI 48307**

Refund Policy

All tuition and fees paid by the applicant shall be refunded if the applicant is rejected by the school before enrollment. An application fee of not more than \$25.00 may be retained by the school if the application is denied. All tuition and fees paid by the applicant shall be refunded if requested within three business days after signing a contract with the school. All refunds shall be returned within 30 days." Once the 3 business days have elapsed no refunds will be given.

Name: _____
Address: _____

City/State/Zip: _____
Cell Phone: _____
Other Phone: _____
Email: _____
Years Practicing Yoga: _____
Type(s) of Yoga Practiced: _____
Studio(s) Where You Practice: _____

FOR 200-HOUR ENROLLEES: Please use the back side of this application to provide additional information about your desire and intention of becoming a yoga teacher. Please answer each question as fully as possible; use additional sheets of paper, if desired. All answers will be kept in strict confidence.

UpDog Yoga, Inc.
200-hour Teacher Transformation Training
Student Application
(cont'd)

Why do you want to become a yoga teacher?

What do you want to accomplish with this teacher training?

Do your friends and family support you in this training?

Do you have any medical issues or limitations?

What specific styles of Teaching are you most interested in (Ashtanga, Vinyasa, Yin, etc.)?

Have you participated in other Teacher Training programs? If so, which ones?

If you were stranded on a desert island, which book, album and movie would you take (assuming you had something to play them on!)

Book:

Movie:

Album/CD:

Other information, thoughts, considerations you feel are important:

